



REFLECTION GUIDE

After listening to **Mutual Mentorship: Colleagues as Coaches (More Than Mentoring, Part 5)**, consider the following questions on your own or with a professional learning community.

Reflect on your most supportive and symbiotic professional relationships. In what ways do these relationships help sustain you professionally and in what ways do you show up for others to support them in their professional endeavors?

1

As you think about who has made an impression on you through various forms of mentorship, who comes into your mind? In what ways do your mentors' impact still surface in your professional practice?

2

Think about how your students benefit from the mentorship that you have received. How do create mentor relationships for students in your class or in your building to better support them in their full humanity?

3

Do the "word association activity" you heard in this episode. When you hear the words adaptability, creativity, empowered learning, and personalized learning, what comes to mind for you and how do these show up in your classroom?

4

How do you envision mentoring strengthening your workplace? What steps can you take to make this vision a reality?

5