



REFLECTION GUIDE

After listening to *Being a Mentoring Teacher with Sarah Brown Wessling, NBCT, (More Than Mentoring, Part 2)*, consider the following questions on your own or with a professional learning community.

Thinking about formal mentorship, what elements of mentoring do you feel like you may benefit from at this point in your professional journey?

1

As you reflect on your work in education, in what ways has mentorship shaped how you show up as your full self?

2

In what ways might a formal mentor support you as you navigate challenges you are navigating in your current role?

3

As you reflect on your career, call to mind a time of pure joy that you experienced through your work and how this connects to inspiration that motivates you now?

4

How do you envision mentoring strengthening your workplace? What steps can you take to make this vision a reality?

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